

The Underworld of *Hieronymus Bosch*

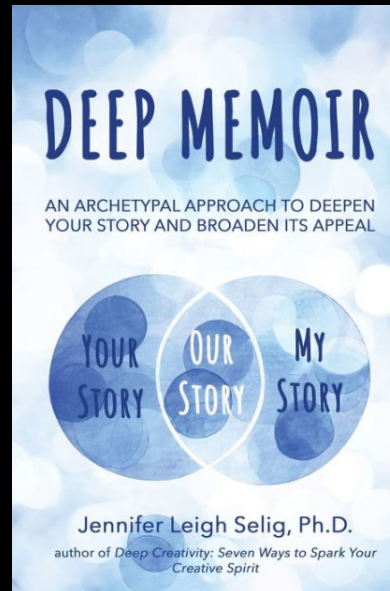


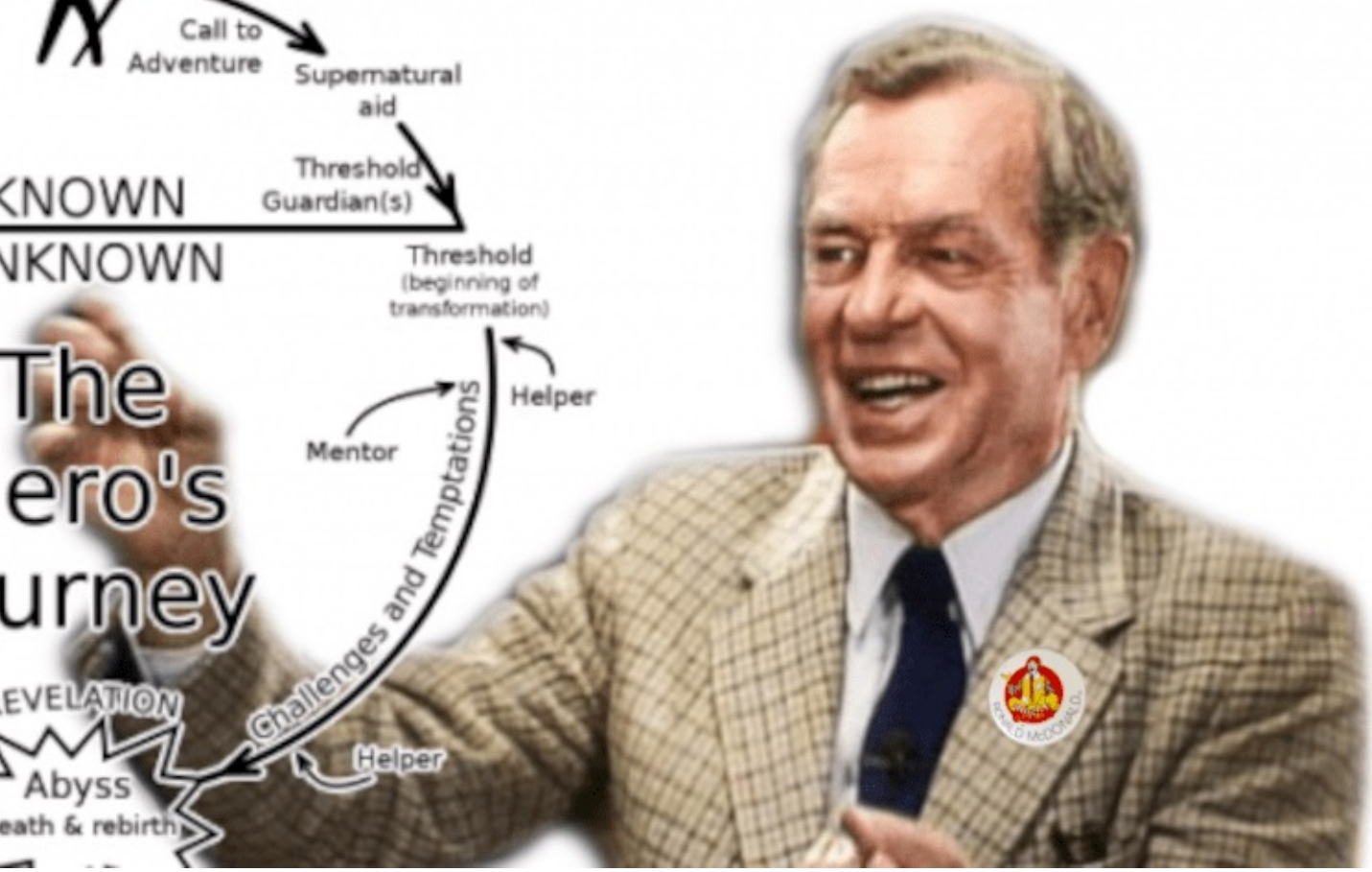
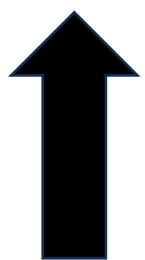
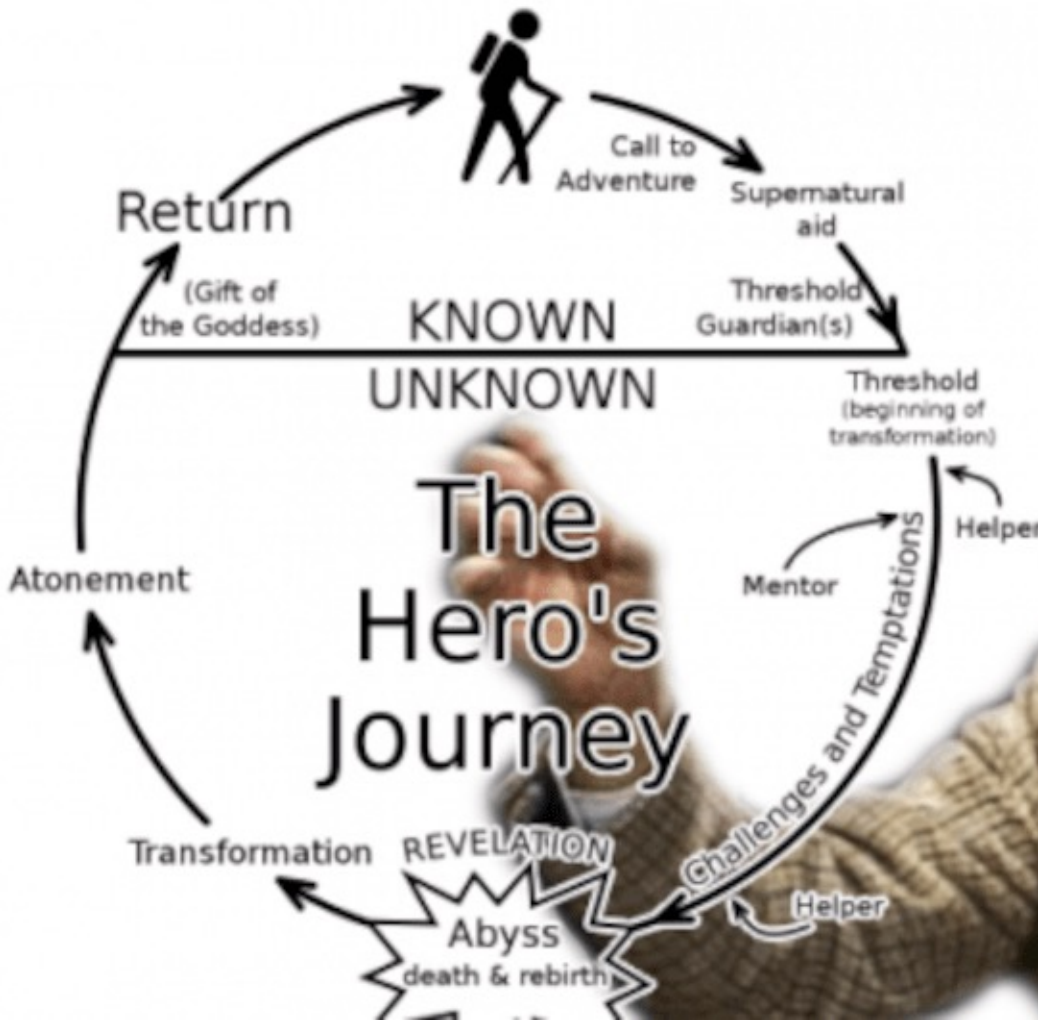


JUNG SOCIETY OF AUSTIN

Keeping Austin Soulful

www.jenniferleighselig.com/austin





v eine strasse ohne ende.





THE INTERNATIONAL BESTSELLER

JOAN DIDION



The Year of Magical Thinking

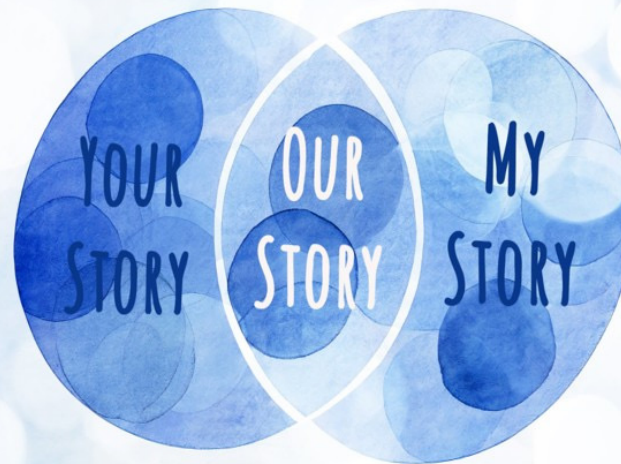
'Will speak to and maybe comfort anyone who has lost
for ever the one they loved' *DAILY MAIL*



KNOW
MY NAME
a memoir
CHANEL
MILLER

DEEP MEMOIR

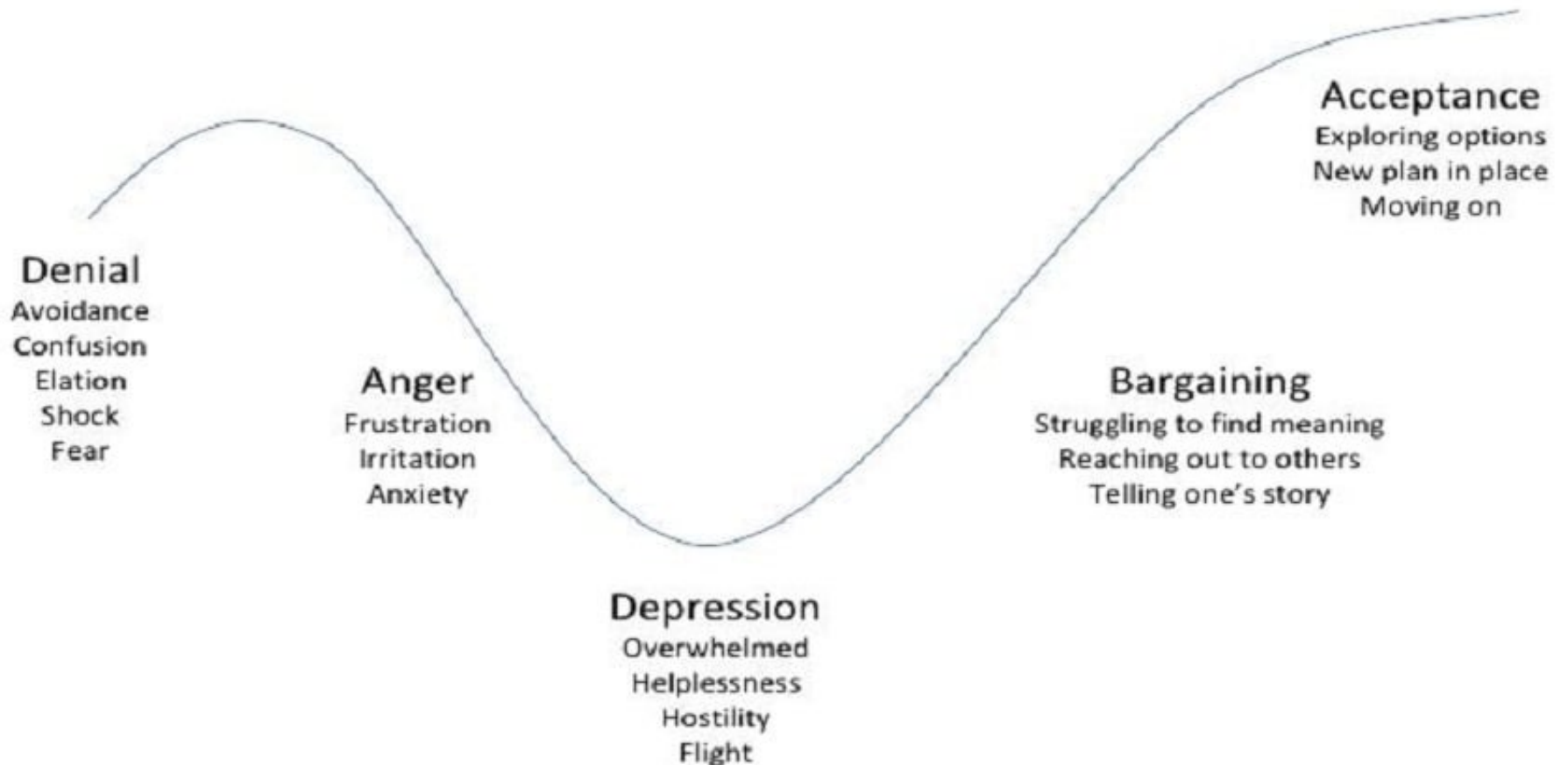
AN ARCHETYPAL APPROACH TO DEEPEN
YOUR STORY AND BROADEN ITS APPEAL



Jennifer Leigh Selig, Ph.D.

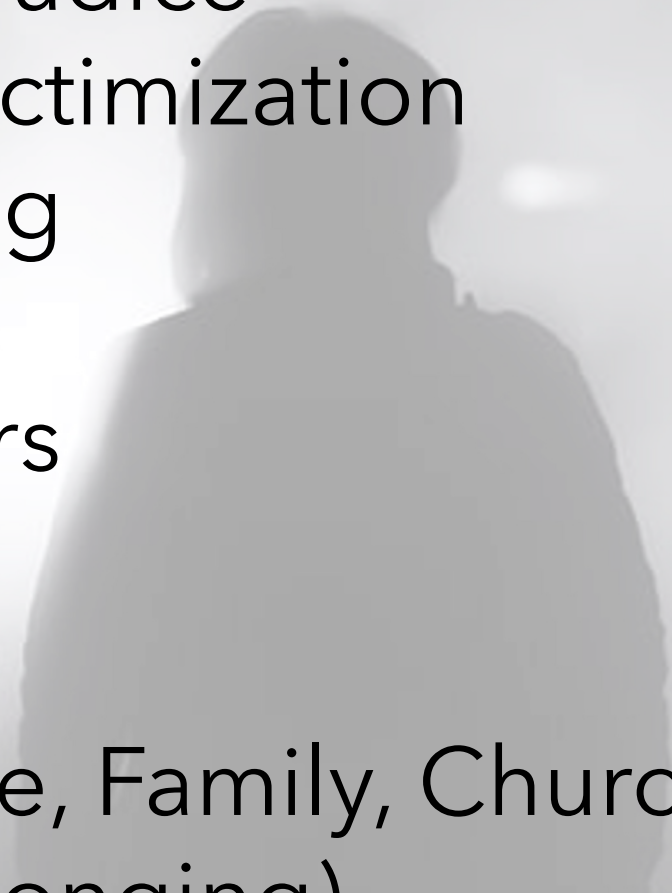
author of *Deep Creativity: Seven Ways to Spark Your
Creative Spirit*

Kübler-Ross Grief Cycle



- Global Pandemics
- Poverty
- Terrorism/War
- Addiction
- Physical Disease or Disorders
- Illness
- Divorce/Loss of a Significant Relationship
- Verbal and/or Sexual Abuse or Assault
- Adverse Childhood Experiences
- Accidents



- 
- Mental Disease and Disorders
 - Racism and Prejudice
 - Violence and Victimization
 - Death and Dying
 - Grief
 - Natural Disasters
 - Betrayal
 - Loss
 - Exile from Home, Family, Church, etc. (Loss of Belonging)

CRISIS

From the
Greek word
Krisis (κρίσις),
meaning a separation



Tragedy. Calamity. Disaster.
Catastrophe. Apocalypse.
Bloodbath. Collapse. Chaos.
Doomsday. The end of the
world.

Wasteland.
Desert.
Hell.
Badlands.
Netherworld.
The Underbelly.
The Abyss.
The Inferno.



A high-contrast, black and white photograph showing the silhouette of a person walking down a long, wide staircase. The person is positioned on the left side of the frame, moving towards the right. The staircase is composed of many steps, creating a strong diagonal pattern across the image. The lighting is dramatic, with the person and the steps they are on being dark against a bright, almost white background, suggesting a bright light source from the right. The overall mood is contemplative and somber.

Katabasis or
catabasis (**Ancient
Greek: κατάβασις,**
romanized:
katábasis, lit.
'descent'; from
κατὰ (katà) 'down',
and βαίνω (baínō)
'go') -- a journey to
the underworld.



Downward spiral.
Fall from grace.
Fall from innocence.
Swallowed whole.
Descend into darkness.
Plummet.
Free fall.
Rock bottom.
The bottom falls out from
underneath us.

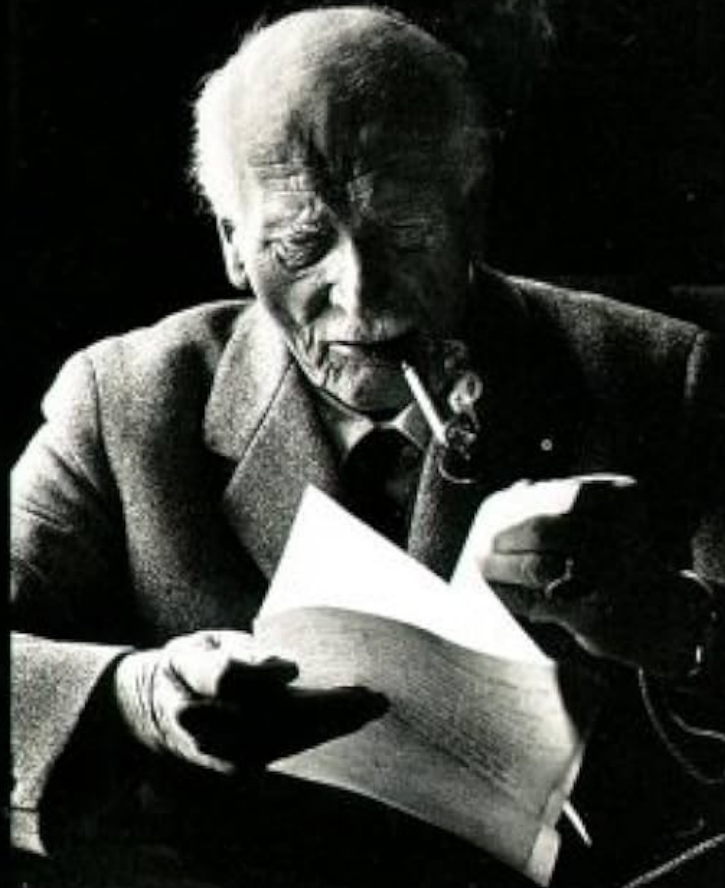
Depression. Abandonment.
Defeat. Sacrifice. Devastation.
Failure. Fear. Desolation. Isolation.
Dispossession. Sorrow.
Disconnection. Disorientation.
Disillusionment. Loss of faith. Loss
of trust. Decay. Terror.
Victimization. Numbness.
Deadening. Hopelessness.
Despair. Anguish. Suicidality.
Humiliation. Rage. Anxiety.

SHAMBHALA LION EDITIONS

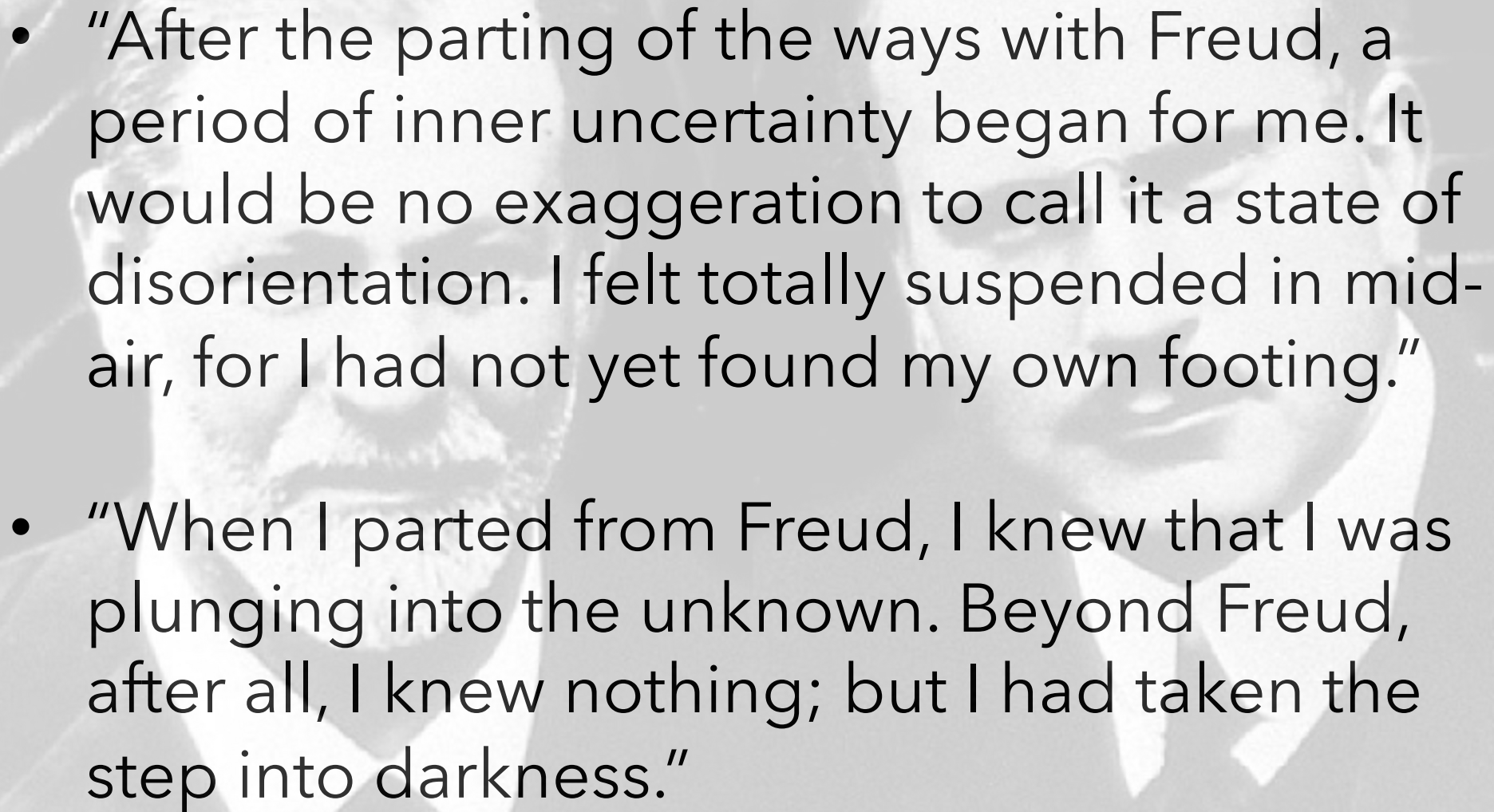


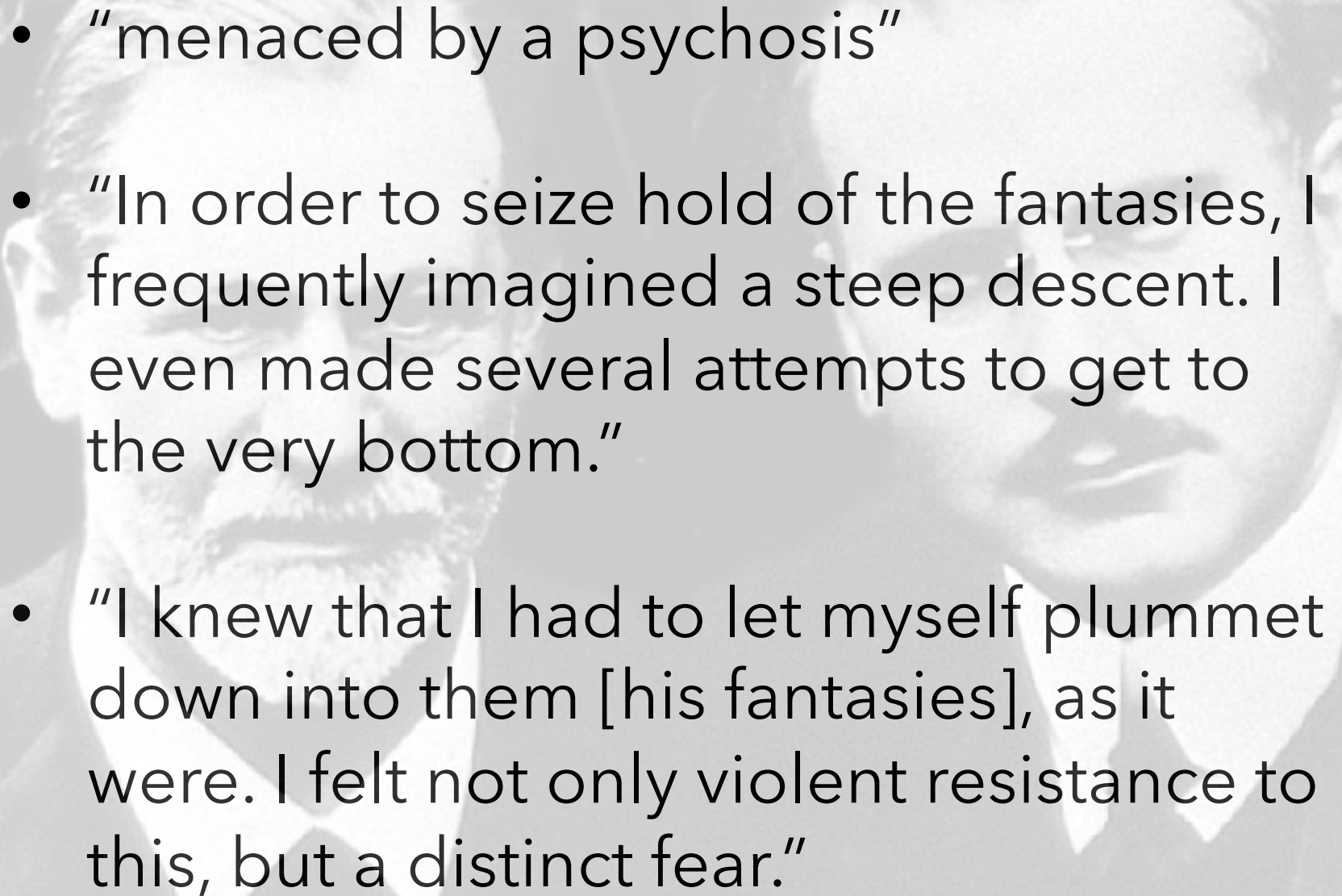
Spoken-Word Audio

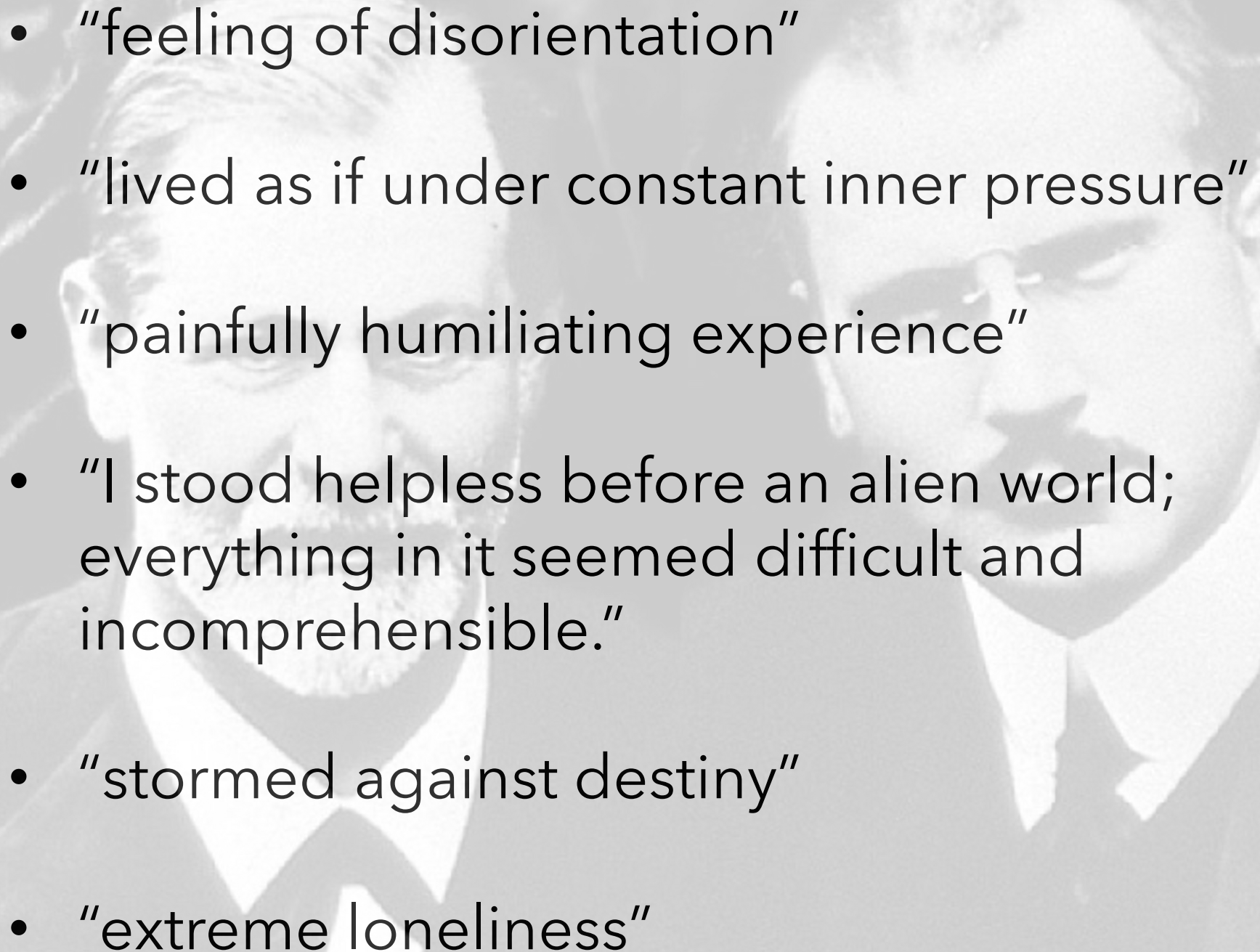
MEMORIES, DREAMS,
REFLECTIONS
C.G. JUNG



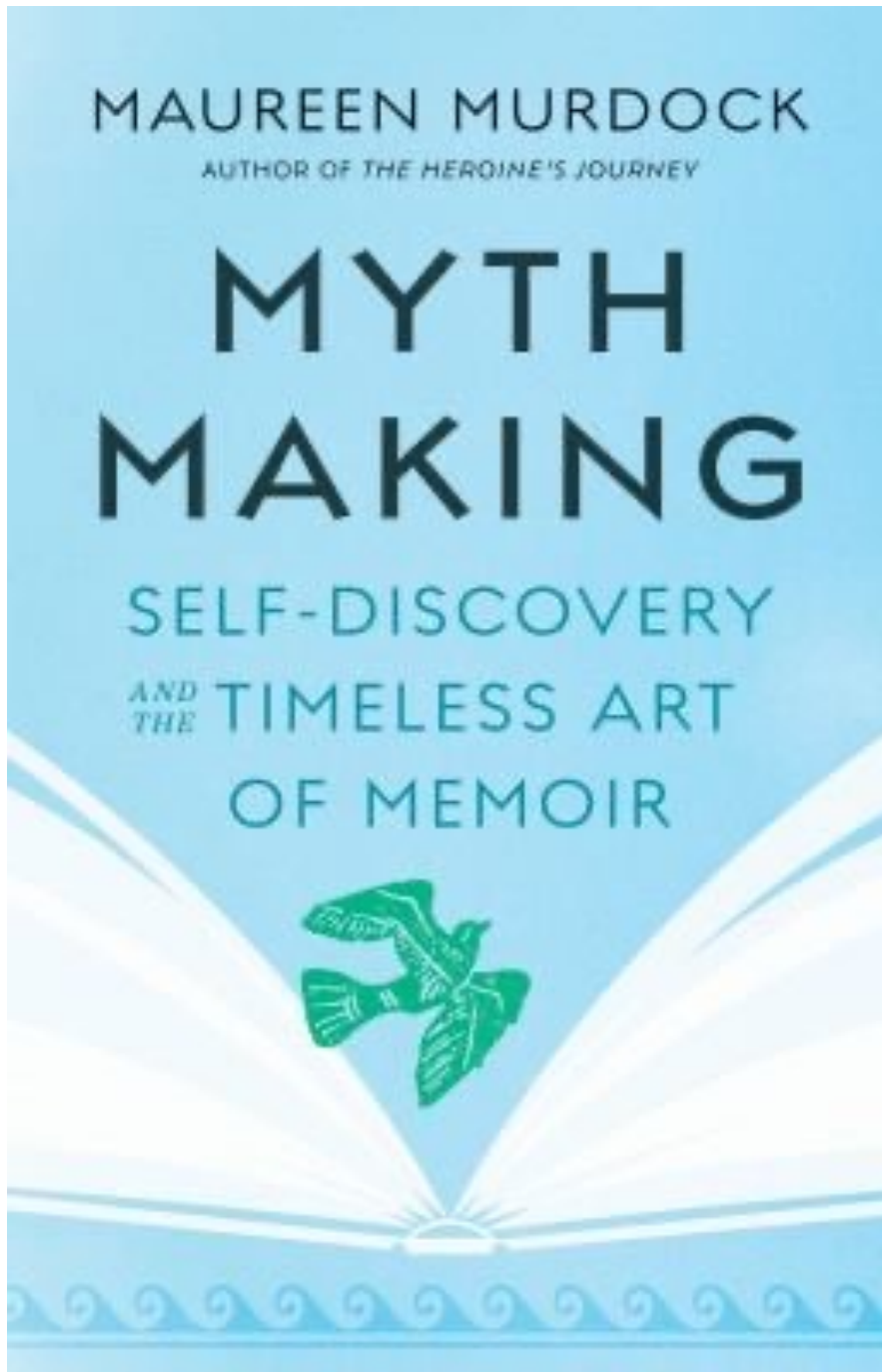
2 audio cassettes

- 
- “After the parting of the ways with Freud, a period of inner uncertainty began for me. It would be no exaggeration to call it a state of disorientation. I felt totally suspended in mid-air, for I had not yet found my own footing.”
 - “When I parted from Freud, I knew that I was plunging into the unknown. Beyond Freud, after all, I knew nothing; but I had taken the step into darkness.”

- 
- “menaced by a psychosis”
 - “In order to seize hold of the fantasies, I frequently imagined a steep descent. I even made several attempts to get to the very bottom.”
 - “I knew that I had to let myself plummet down into them [his fantasies], as it were. I felt not only violent resistance to this, but a distinct fear.”

- 
- “feeling of disorientation”
 - “lived as if under constant inner pressure”
 - “painfully humiliating experience”
 - “I stood helpless before an alien world; everything in it seemed difficult and incomprehensible.”
 - “stormed against destiny”
 - “extreme loneliness”





"The most we can do is to dream the myth onward and give it a modern dress."

~C. G. Jung, "The Archetypes and the Collective Unconscious"

"Ancient Myth,
Contemporary Memoir"

MAUREEN MURDOCK

AUTHOR OF *THE HEROINE'S JOURNEY*

MYTH MAKING

SELF-DISCOVERY

AND
THE TIMELESS ART

OF MEMOIR



DEEP MEMOIR

AN ARCHETYPAL APPROACH TO DEEPEN
YOUR STORY AND BROADEN ITS APPEAL

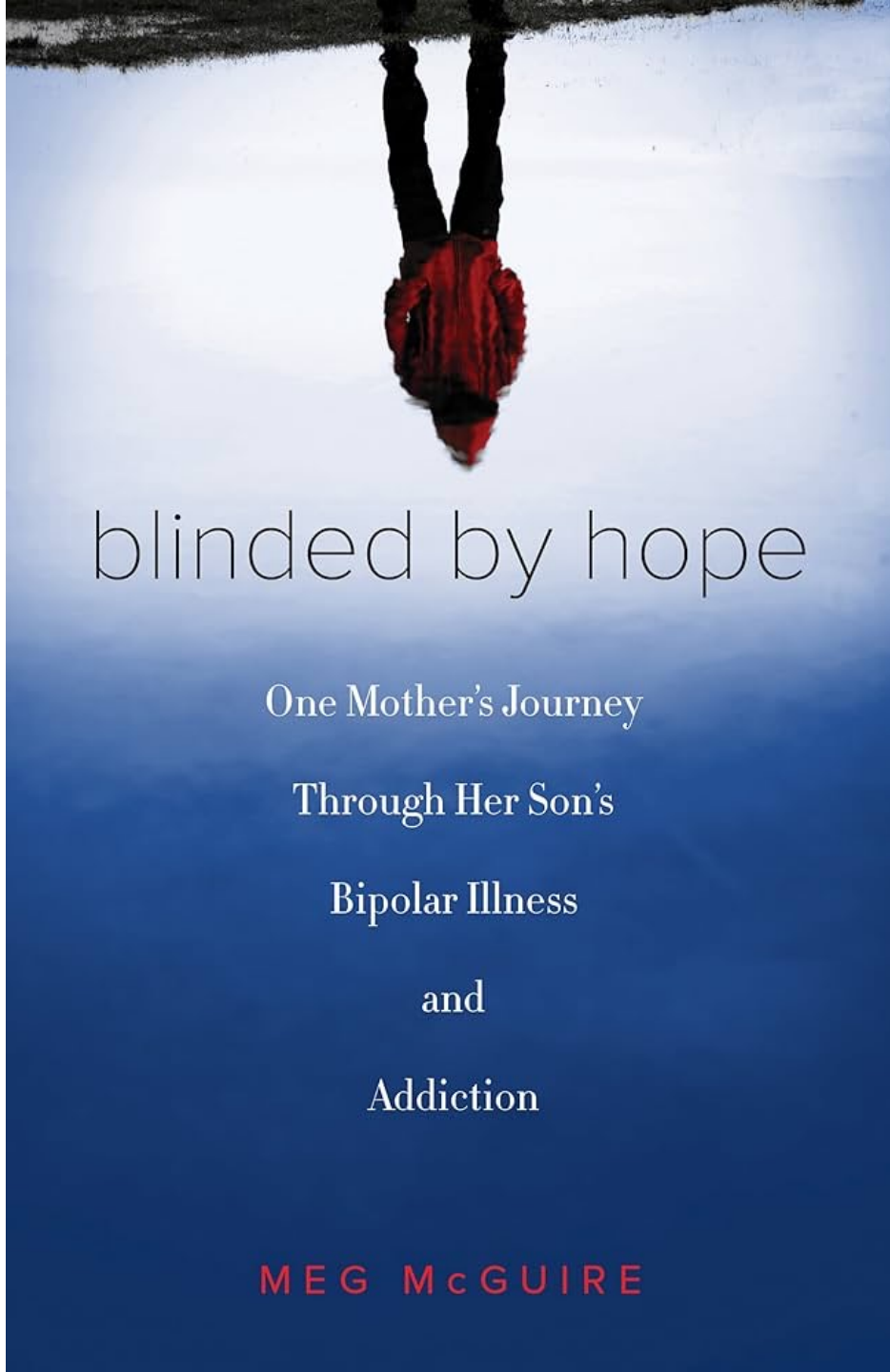


Jennifer Leigh Selig, Ph.D.

author of *Deep Creativity: Seven Ways to Spark Your
Creative Spirit*

1. Love's Failure Against Death





blinded by hope

One Mother's Journey

Through Her Son's

Bipolar Illness

and

Addiction

MEG MCGUIRE

“How does a mother cope when love is not enough?”



“holding him with her right hand, her left hand open to the heavens in a gesture of surrender. She had witnessed her son’s life journey, but she could not prevent his suffering and death. She was powerless over his destiny; she had done all she could do”

2. The Backward Glance



NATIONAL BESTSELLER

"Stunning candor and piercing details . . .
An indelible portrait of loss and grief."
—Michiko Kakutani, *The New York Times*



J O A N

D I D I O N

T H E Y E A R O F

M A G I C A L

T H I N K I N G

a memoir of
betrayal and renewal

perfection

JULIE METZ



**3.
Stripping
the Self**

KNOW
MY NAME

a memoir

CHANEL
MILLER



STOP
♥ THE
HURT

“My basic functions began to falter: I stopped sleeping, forgot to eat, couldn’t even shit properly. By the end of the two weeks, my mind had withdrawn, my body withered.”

“You have dragged me through hell with you, dipped me back into that night again and again. . . . You took away my worth, my privacy, my energy, my time, my safety, my intimacy, my confidence, my own voice.”

Sometimes she thinks she shouldn't have pressed charges at all and instead suffered her rape alone, rather than "face the dismembering that comes with seeking support" through the criminal justice system, which left her "retraumatized, publicly shamed, psychologically tormented, and verbally mauled." The assault harmed her physically, but she writes, "there were bigger things that got broken. Broken trust in institutions. Broken faith in the place I thought would protect me."

4. Lost and Wandering



THE BLESSING

Gregory Orr

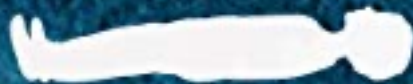


a memoir



"This book offers eloquent testimony to the engaging power of art in a man's life."

WASHINGTON POST



"Whenever I thought of Peter, my feelings were so tangled up in guilt that I, too, wanted to be dead."

"in the pose of a mummy in an Egyptian sarcophagus"

5. The Re-remembering





GREGORY ORR

CONCERNING THE BOOK
THAT IS THE BODY
OF THE BELOVED

#1 NEW YORK TIMES BESTSELLER

WHEN BREATH BECOMES



air

PAUL KALANITHI

FOREWORD BY ABRAHAM VERGHESE

Finalist
for the
Pulitzer
Prize

*"Stunning ... heartrending ... this year's
When Breath Becomes Air."*

-NORA KRUG, The Washington Post

The Bright Hour

*A Memoir of
Living
and Dying*

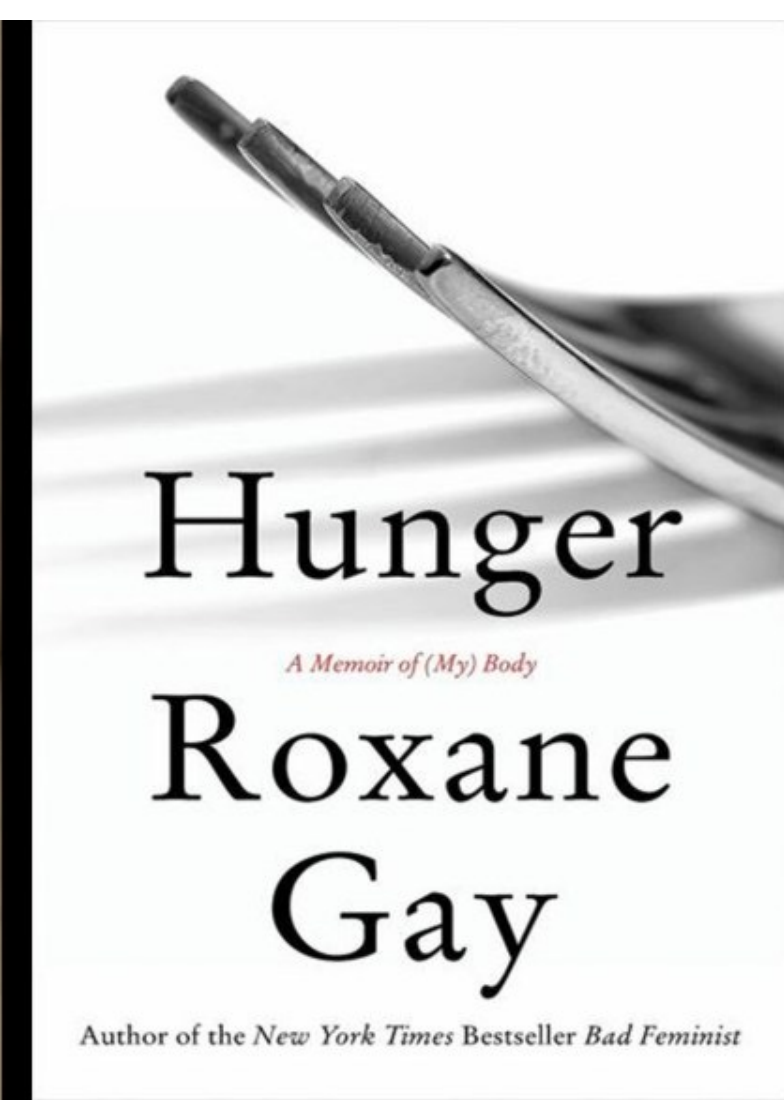
NINA RIGGS

NEW YORK TIMES BESTSELLER



MOUNTAIN OF DESPAIR,
STONE OF HOPE





“artifacts of a time when I was happy and whole. They are evidence that, once, I was pretty and sometimes sweet”

6. Following the Thread

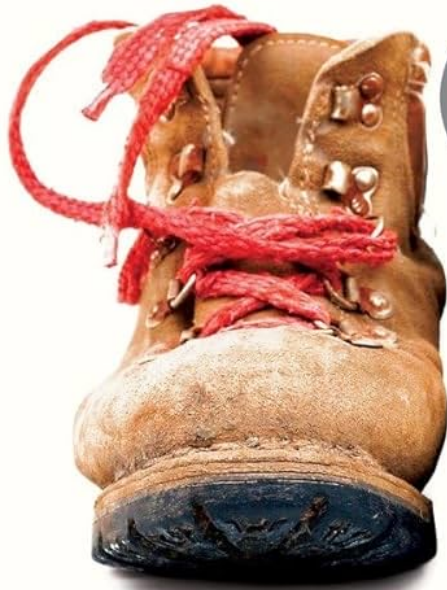


He writes, "Once I had hold of it, I knew I might find my way out of the labyrinth of my own consciousness." He admits he is not Theseus, with his heroic actions, and he had no Ariadne, who placed the thread of poetry in his hands. "I'd simply woken in the dark with the thread of poetry gripped in my fist and—perhaps—the nightmare combat already behind me." It took him years to get out of the labyrinth, and he wonders if he could have died there in the dark of the underworld. He writes, "But I did know this: if I once let go of that thread, I would certainly die."

#1 NEW YORK TIMES BESTSELLER

wild

FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL



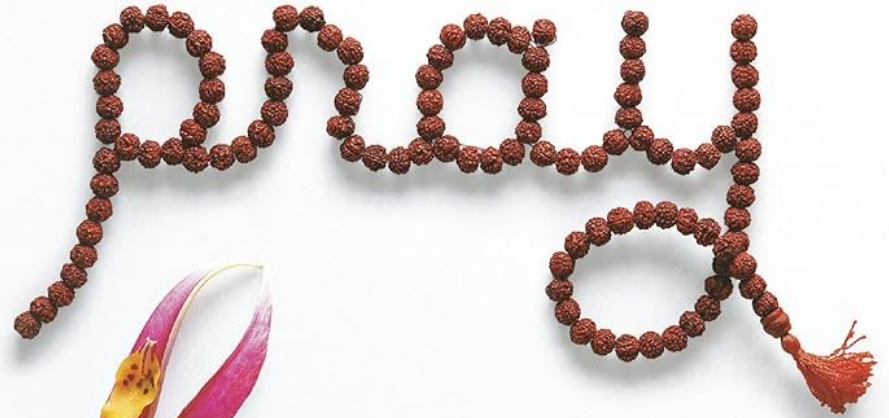
NOW A
MAJOR MOTION
PICTURE

Cheryl Strayed

"Spectacular.... A literary and human triumph."

—THE NEW YORK TIMES BOOK REVIEW

ELIZABETH GILBERT



NEW YORK TIMES BESTSELLER

CAROLINE KNAPP

AUTHOR OF
DRINKING: A LOVE STORY



PACK *of* TWO

THE INTRICATE BOND BETWEEN
PEOPLE AND DOGS

"Caroline Knapp is a rare writer,
with a sophisticated, beautifully controlled style."

—*Newsweek*

"I was wandering
around in a haze of
uncertainty"

"In her I have found
solace, joy, a
bridge to the
world."

7. Returning With the Gifts of the Underworld



“Do I dare to say my brother’s death was a blessing?” He knows a reader will recoil from this, and he recoils as well, but he stays with the idea by unpacking the word itself. In French, he tells us, the verb *blessier* means “to wound.” In English, to bless is “to confer spiritual power on someone or something by words or gestures.” And the Old English *bletsian* means “to sprinkle with blood,” to literally be baptized by blood.

“After katabasis, the return to our ordinary realm may not necessarily bring perfect happiness. . . but it does confer upon us a new identity and a new awareness of our strengths and limitations as human beings subjected to greater laws in which both faith and hope have a role to play.”

~Linda Lappin, “Your Journey To Hell and Back”





"The years when I was pursuing my inner images were the most important in my life—in them everything essential was decided. It all began then; the later details are only supplements and clarifications of the material that burst forth from the unconscious, and at first swamped me. it was the *prima materia* for a lifetime's work." ~C. G. Jung